

Peaceful Parenting

Based on principles and skills of Nonviolent Communication (NVC), this workshop will support you to create and sustain lifelong relationships with your tamariki based on mutual respect, trust and authenticity - 'power with' rather than 'power over'.

Run over two mornings for parents and caregivers of children of all ages.

Dates:	Thursdays 20 & 27 October 2022
Times:	9am – 12.30pm
Venue:	Free Range Kids Whare - Peria
Cost:	\$30.00 - morning tea provided

LEARN HOW TO:

- Listen so your children feel heard and understood
- Have more happiness, love and fun in your home!
- Understand where their 'behaviour' comes from
- Talk so they want to listen
- Keep your cool under stress
- Have compassion for yourself when you 'lose it'
- Resolve conflicts peacefully
- Inspire willing cooperation

About the facilitator:

Jocelyn Kennedy. NVC Facilitator, mediator, coach, certified with international Centre for Nonviolent Communication (cnvc.org).

Jocelyn is passionate about supporting parents to grow compassion for themselves and nurture in children an unshakeable faith that they matter.



www.communicationforlife.co.nz



Please note: in order to provide an optimum learning environment please make arrangements for childcare, with the exception of breastfeeding babies.

Registration Link: [CLICK HERE](#) or email: eckr@farnorthreap.org.nz