

# Introduction to NVC

***A 1 day introduction workshop based on the principles of Nonviolent Communication.  
Facilitated by Jocelyn Kennedy, Deb Hipperson and Wayne Prince***



## Workshop:

We recently completed our final assessment event to become CNVC Certified Trainers. We worked together to offer a one day NVC event as part of our assessment to a small group of our community including our assessor Cate Crombie.

It was a huge success so we have decided to offer a one day NVC Introduction Workshop for anyone who is interested. At the end of the day we will be available to answer any questions you may have about our journey up until now.

This workshop is for anyone who wants to learn the basic principles of NVC or who is thinking of sharing NVC and maybe one day being certified.

We will have a range of activities and debriefs that will support you to learn the four parts of NVC Observation, Feelings, Needs and Requests.

Based on the Work of Dr Marshall Rosenberg

**When:** Sunday 5 July 2020

**Where:** Online - Zoom

**Time:** 9:00am to 3.45pm

4pm to 5pm Q&A Session

**Investment:** Sliding Scale \$80 to \$120

**To Register:** [deb@meditatinggiraffe.co.nz](mailto:deb@meditatinggiraffe.co.nz) or  
0273410000

**Payment:** The Meditating Giraffe LTD.  
02-0110-0058043-00 BNZ

**Facilitated by:** Wayne Prince, Jocelyn Kennedy  
& Deb Hipperson.

